Finding Your Heart Wings

[The Story of Feather Finding Its Home]

IGNITE YOUR STORY, YOUR ENERGY, YOUR WELL-BEING

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GET REAL, GET HEART!
Story #1

FINDING YOUR HEART WINGS
[THE STORY OF FEATHER FINDING ITS HOME]

It’s the journey of finding your way “home”.
What makes your heart soar?
Where do you fit, fit in, fit with? That is your “who”, your “how”, your “why”.
Your journey is like a feather that searches for it’s truth, meaning, where it is in harmony...floating from place to place, up and down, all around, until it finds its perfect home.

In ancient Egyptian times the feather of Maat was the symbol of truth, harmony, order, justice, and worn by the Goddess Maat who ruled the same. She weighed each soul (which resided in the heart) that passed through the door of the underworld using her feather to determine which souls would reach the infinite home of happiness. If one’s heart was lighter or equal to the feather, one had led a truthful life and would travel on to paradise.

The esoteric Hawaiian philosophy of Huna defines the feather as “Hulu” whose journey is to show that the difference between the spiritual and material is merely an illusion. Feather’s journey is to show you how to fly above “illusion”, to see infinite possibilities all around you. Soaring with the feather shows you unlimited opportunities!

Like the feather, be free to fly with your heart and ignite your infinite possibilities!

Happy flying!
A FEATHER FLOATED IN...
IT WONDERED...
WHERE DO I BELONG?
It rested on a head...

NOPE...
IT FOUND A DEEP HOLE...

NOPE...
THEN IT FOUND A DOOR...

MAGIC

KNOCK, KNOCK...
IT WENT THROUGH THE KEYHOLE...
...AND FOUND OTHERS LIKE ITSELF...
...ALL AROUND A GLOWING HEART...
WITH ALL ITS FRIENDS
A DANCE BEGAN...
THEY CAME TOGETHER AND HUGGED THE HEART,
The heart was happy... and lifted...
THE FEATHER FOUND HOME,
AND ALL
HEART TOGETHER
AND FEATHER
SOARED.
THE BEGINNING.

PAULA BROWN
About this story / author / illustrator:

This heart story was written, rough sketched, at the end of a wonderful retreat that I was working as a graphic facilitator in Kona, Hawaii.

Listening to one’s heart rather than mind was the theme, with a group of wonderful folks coming together to support each others efforts in growing what I call “heart wings”.

My essence is to ignite, to draw out the true essence of what fuels and celebrates a heart’s story.

The story of my “how” is in both the art of purpose coaching and illustrating story. I am a “Heartist” who facilitates the flow of using the heart AND the mind to connect and communicate with what is all around us in our environment, business, and personal lives.

Get Unstuck, Get Real, Get into your Heart and find joy!

Thank you, and all my best,

[Signature]

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